



Ease Your Holiday Stress With A Personal Chef



STEPHANIE HOPKINS
CERTIFIED PERSONAL CHEF

and chef of Cutting Board Creations, LLC, can help take some of the stress out of this holiday season for you. How does the idea of giving a Personal Chef Service as a gift sound? Perhaps you would like a service for yourself, or better yet, let Chef Stephanie help you finally achieve your healthy eating goal.



Great Gift For The Holidays
Gift Certificate

To _____
From _____
Amount \$ _____

CUTTING BOARD CREATIONS, LLC
(609) 841-8567
www.cuttingboardcreations.com

CPC
CERTIFIED
PERSONAL CHEF

USPCA
PERSONAL CHEF
ASSOCIATION
MEMBER

The holidays are here, along with loads of opportunities for over-indulging on extra-tasty temptations.

Stephanie will take care of all the menu planning, grocery shopping, cooking, packaging and clean up for you, leaving a kitchen that smells great and a refrigerator and freezer full of delicious, home-made meals. Stephanie does all the cooking in your home, bringing all the supplies and equipment needed to prepare your pre-approved, customized menu with her. She uses fresh ingredients purchased on the cook day, and prepares meals based on each client's tastes and dietary needs. Stephanie has experience preparing meals for low-fat, low-sodium, and low-sugar diets as well as South Beach, Mediterranean, GenoType, Weight Watchers and other diet plans.

Imagine coming home from your latest shopping trip and

having a meal waiting for you that has been made with delicious ingredients ready to eat within minutes. Sounds much better than having to run to the grocery store, wait in line to pay, come home, start preparing the ingredients, cooking, and then finally being able to eat. With Cutting Board Creations LLC, you'll have more time to take care of all those holiday tasks.

Stephanie was professionally trained at the Culinary Business Academy and is a Certified Food Safety Manager. For more information on our services, references, and fees, contact Cutting Board Creations, LLC today.

Let us design a menu to custom fit your family.

Remember that each menu is customized to meet your needs. Perhaps you are looking for breakfast? Maybe a special dessert? No problem. Also, we won't repeat a menu option for at least six months, unless you want us to! Have a favorite family recipe? If you're willing to share it with us, we'll be happy to make it!

Today's demanding careers and hectic family schedules place a premium on your free time.

Why spend it planning meals, shopping, and cooking?

Just imagine...

- Having your next dinner party be completely stress free.
- Being able to spend time with your family and friends instead of cooking and cleaning up.
- Having gourmet, restaurant quality meals prepared for you in your own home.
- Having delicious and healthy meals any night you wish without the headache of planning, preparing or cleanup.
- Having more time to spend with friends and family, enjoying meals rather than being stressed about getting food on the table.



Cutting Board Creations LLC
Personal Chef Service

**In Your Kitchen for a Day -
Your Dinner Worries Melt Away!**

**Celebrating 7 Years of
Delighting our Clients!**

www.cuttingboardcreations.com
chefsteph@cuttingboardcreations.com

(609) 841-8567



Stephanie Hopkins
Certified Personal Chef

HERE IS WHAT STEPHANIE'S CLIENTS ARE SAYING:

We have no idea how you make so many wonderful meals in a single day, but we are sure glad you do!

Chef Steph has provided me with varied menus of gourmet foods, which are healthy and easy to serve. The quality of the food surpasses any 5 star restaurants in the county.

We have lost 20 pounds and are saving money on groceries we used to throw away due to our busy lifestyle.

I love opening the refrigerator after Stephanie has been in. The meals are amazing and the smell in the kitchen is wonderful.