



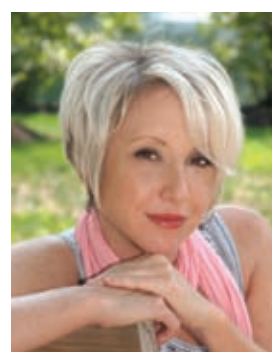
## The Importance Of A Winter Skin Care Routine



**At Accent Aesthetics you will be in excellent hands with skin care specialists using top of the line products and equipment.**

Best of all, you will leave with a better understanding of your skin and the best way to treat it throughout the winter months. In addition, they offer all the latest in facial rejuvenation via customized non surgical cosmetic treatments and whatever you decide to do Accent will get your skin on the road to recovery.

For Regina McDonald, the best part about being an esthetician is the ability to teach people how to achieve and maintain healthy skin for life. She adds, "My mother once told me to choose a job that allows you to do what you love most and you'll never have to work a day in your life. My job has never felt like work." As spa director/medical esthetician at Accent Aesthetics Medical and Laser Day Spa, Regina enjoys being able to enlighten her clientele about optimal skin care. Her interest in skin care started on a more personal level. As a teenager she suffered from severe acne and hypersensitive skin. After years of visits to the doctor, and applying countless creams and lotions in the hopes of healing her skin, she began to educate herself by reading anything on the subject she could find. One day a friend (who owned a salon and spa) told her about an esthetics' program and it was then she discovered her life's mission.



Yvette Bertsch is a licensed Cosmetologist and Esthetician. She has always had a passion for skincare and after nine years of intense training and practicing esthetics in the salon and spa industry, she decided to take her career to the next level and took a position as an esthetician in the Medical Spa industry. Yvette was instrumental in helping to open Accent Aesthetics. Knowledge and education are the two most important things in Yvette's life and she is constantly pursuing them.



Ula Kuzian believes a satisfying self image clearly improves the quality of a person's life. Having travelled to spas worldwide she has taken the very best Eastern philosophies and combined them with advanced skin care products and techniques. In addition to being an esthetician she holds a Master's Degree in Psychology. This interesting combination allows her to better understand her client's mindset throughout their treatment. She adds, "The best part about my profession is the ability to make people feel and look beautiful."

WRITTEN BY:  
REGINA McDONALD,  
ESTHETICIAN

As winter approaches and temperatures drop it is especially important to pay extra attention to your skin.

During these cold months the air becomes dry and this can deplete vital moisture causing your face to become dry and cracked. It is critical during this time to change up your skincare routine.

For example, you can switch from gel or foam cleansers to creamier versions as well as choosing more emollient creams. An essential first step is to schedule a hydrating facial treatment with Accent Aesthetics Medical & Laser Day Spa. Aside from giving your skin a beautiful glow, a facial is a wonderful way to feel pampered. Since our skin is often exposed to harmful elements like sun, pollution and even a poor homecare routine, a facial will give your skin the ability to "start over."

*Besides all working at Accent Aesthetics Medical & Laser Day Spa, Regina McDonald, Yvette Bertsch and Ula Kuzian all share a passion for skin care and wellness.*



*A Gift Certificate is the perfect holiday solution for that special someone. Accent Aesthetics*



*offers a variety of services to choose from.*

Regina McDonald graduated from P&B cosmetology center's esthetics program in 2000. As a fully licensed esthetician, her passion and love for the field has been growing and evolving every since graduation. She is active in community education and has done various skin care lectures. She has spent the last several years co-owning/and operating a day spa but has recently joined Dr. DeLorio at Accent Aesthetics Medical and Laser Day Spa in Galloway, New Jersey, as the Spa Director. Gina's expertise in providing quality skin care will help insure the ultimate Medspa experience.

### November Birthday Specials

**We're having a Birthday Party!!! November 12th from 5 to 9pm**  
You're invited for an evening filled with great food, wine tasting from Passion Vines, boutique shopping from Never Too Spoiled and amazing giveaways. Receive a \$25 gift card when you bring a non-perishable food item to donate to the local food bank. Call Accent Aesthetics 652-6500 to R.S.V.P by 11/9/10

### One Day Only Spa Specials in November!

11/9: \$65 Advanced Facials w/ Yvette  
11/15: \$65 Advanced Facials w/ Ula  
11/20: Bring a Friend and Save on Spa Treatments!: 20% off any 1 service  
"OR" 50% off a 2nd service of equal or lesser price  
11/29: \$65 Advanced Facials w/ Gina  
Accent Aesthetics  
609.652-6550